“RECEIVING THE DAY”
A Retreat Preceding the Institute of Liturgical Studies

Sunday, April 19 – Monday, April 20, 2020
Lindenwood Retreat Center, Donaldson, Indiana

Dorothy Bass and Lorraine Brugh, leaders

In the second week of Easter, this 24-hour retreat will be an opportunity to live into a time and space away from our church vocations. Through presentations, spiritual practices, and conversations, retreatants will explore various ways to rest, recuperate, and recover from the busyness of the Lent and Holy Week liturgies. Using the book *Receiving the Day: Christian Practices for Opening the Gift of Time* by Dorothy Bass, the retreat will follow the book’s patterns in looking into our use of time in everyday lives. Spiritual practices will include contemplative walking, journaling, labyrinth, spiritual conversation, worship, centering prayer, and hospitality.
SCHEDULE

Lindenwood Retreat & Conference Center is on Eastern time.
Valparaiso is on Central time.
Times listed below are Eastern time.

Sunday, April 19, 2020
12 pm  Arrival, check-in
1:30 pm  Coffee and snacks in Evergreen Room
2:00 pm  Walking tour of grounds
3:00 pm  Plenary session – Receiving the Day
9:00 pm  Compline in chapel
9:20 pm  Hospitality in Evergreen Room

Monday, April 20, 2020
7:30 am  Matins in chapel
8:00 am  Breakfast
9:00 am  Plenary session – Receiving the Day
10:00 am  Guided spiritual walk
11:00 am  Plenary session – Receiving the Day
12:00 pm  Midday prayer
12:15 pm  Lunch
1:00 pm  Depart for ILS seminars or stay at Lindenwood for spiritual conversations, walking grounds, or silent retreat

REGISTRATION

Register online at ALCM.org or return this form to:
ALCM, 810 Freeman St., Valparaiso, IN 46383

Name ____________________________________________________________
Address __________________________________________________________
City ______________________________________________________________
State/Zip _________________________________________________________
Daytime Phone ___________________________________________________
Email ____________________________________________________________

Be sure to register early as space is limited.

TOTAL TO CHARGE $___________________________

Payment (check or credit card) must be included with registration. Make checks payable to "ALCM".

Registra-tion — no housing ($100)
Registra-tion — single room ($186)
Registra-tion — double room ($143)

If you need a ride from Valparaiso to Lindenwood:
Registration — double room ($143)
Registration — single room ($186)

I will be sharing the room with _____________________________

I will be driving from Valparaiso to Lindenwood

I will need a ride from Valparaiso to Lindenwood

ALCM, 810 Freeman St., Valparaiso, IN 46383

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